



NEW BEGINNINGS
COMMUNITY

Charity Number: 1195791



New Beginnings Community is a charity based in Smethwick. Our desire is to work with people to seek ways to enhance and build cohesion, and to support and empower those who are marginalised at the edges of our community. Using Asset Based Community Development, we have facilitated and developed a number of projects which allow people to come together to establish supportive and encouraging friendships and partnerships. We believe that a community flourishes best when we are a movement working together and that everyone benefits when we welcome, embrace, include and give dignity to, the diversity of thoughts, ideas and ways of working that people from different backgrounds, experiences and identities bring.

Our Aims

- Contribute to the improvement of the local community's quality of life.
- Providing a place that's accessible, welcoming, and serves as a focal point for the community. An area where people and local groups can gather and socialise.
- Promote and advocate for the needs of groups based at the centre, as well as provide opportunities for more integration and inclusion among users.
- Engage and support our activities that help people connect and engage with their communities and others to combat isolation and loneliness.
- Promote learning and development by providing a local resource.
- In response to local needs, provide educational, recreational, social, and cultural activities.
- Act as an informal information point on activities, groups, events and services.
- To maintain strategic relevance with partnerships and funders.



What does New Beginnings do?

We provide, through registered referral agencies, 'Newborn Bundles' for the most vulnerable mothers in our communities. These generally consist of a Moses Basket filled with toiletries and clothing for the first six weeks or so of a new baby's life, gifted to families in need. We operate on donations from the public and are volunteer led.

About us.....

New Beginnings provides Moses Basket packs for the most vulnerable mothers and their new babies in our community. To safeguard the recipients of our New Beginnings packs we do not meet the end user but take referrals from midwives, health visitors and other agency workers. The packs are then taken out to the families by the person who has made the referral.

Our New Beginnings Baby Bundles packs contain a Moses Basket filled with clothing, toiletries and essential equipment gifted to families in need.

Most of the contents of our packs are donated by our generous community. We process the donations as they come in and pack up lovely parcels of Moses Basket, clothes, toiletries and other essential items ready to be taken out as gifts to families in real need. We believe that for some of our families this may be the nicest thing that they have ever received and take pride in making our newborn bundles the very best we can.

At present we are only able to supply starter packs to women in the Sandwell & West Birmingham area due to storage and the fact our items are donated.

Referrals are made via the help of midwives, health visitors and other professional groups, who work directly with these families. Our New Beginnings volunteers then lovingly collect sort and package a Moses Basket newborn bundle of clothing, toiletries, and essential baby equipment as an attractive gift to the new mothers, who then receive the gift hopefully about a month before the due date.

Our Baby Bundles include the following:



- 1 x Moses Basket with BRAND NEW mattress
- 1 x Size 1 Nappies
- 1 x Size 2 Nappies
- 3 x packs baby wipes
- 1 x pack nappy sacks
- 1 x Baby Shampoo
- 1 x Baby bubble bath,
- 1 x Baby liquid soap
- 1 x Baby lotion,
- 1 x Baby Oil
- 1 x shampoo for mum
- 1 x toothbrush for mum
- 1 x shower gel for mum
- 1 x toothpaste for mum
- 1 x deodorant for mum
- 1 x pack breast pads
- 2 x packs maternity towels
- 1 x Baby sponge
- 1 x bag cotton wool
- 3 x muslins cloths
- 1 x hooded baby towel
- 2 x Moses basket sheets
- 4 x baby blankets
- 4 x baby toys
- 1 x bundle of vest - newborn to 3/6 months (approx. 10 in each bundle)
- 1 x bundle of sleepsuits - newborn to 3/6 (approx. 10 in each bundle)
- 1 x bundle of outfits - newborn to 3/6 (approx. 10 in each bundle)
- 4 x cardigans
- 5 x bibs
- 5 x pairs mitts
- 5 x hats
- 5 x pairs socks/tights
- 3 x baby shoes
- 1 x coat
- 1 x snowsuit
- 1 x Box of chocolates
- 1 x Congratulations Card



This service is offered free of charge, simply to care for those in need within our community.

WHAT CAN YOU DO TO HELP?



Giving Time

We are grateful for all help offered, so if you can spare an hour a year, an hour a week or anything in between we would love to have you join us! Our volunteers are a really friendly group and always happy to welcome new people. We are also happy to make use of any specific skills you might have to offer. Please speak to Carrie for more information.

Giving Supplies

Everything we give away is donated by our amazingly generous community. If you are in a position to purchase toiletries while shopping or pass on good quality second hand 0-6 mths baby clothes they will always be put to very good use.

Giving Financially

We are very careful with our funds and have fundraising events because we do on occasion need to purchase items. Every basket has a brand new mattress which we purchase from a supplier.

All your generosity enables us to make our Moses Baskets beautiful gifts for mums and babies who are experiencing hard times. Thank you so much!





Information for Referral Agents

New Beginnings provides Moses Basket packs for the **MOST VULNERABLE** mothers and their new babies in our community. To safeguard the recipients of our New Beginnings packs we do not meet the end user but take referrals from midwives, health visitors and other agency workers. The packs are then taken out to the families by the person who has made the referral.

As much as we would like to help all those in need, these baskets are for women in **extreme hardships**, for example: ***Victims of trafficking, those suffering mental health, seeking asylum, victims of domestic abuse, teenage parents, homeless, those with no recourse to public funds.***

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At present we are only able to supply starter packs to women in the Sandwell & West Birmingham area due to storage and the fact our items are donated.

Referrals are made via the help of midwives, health visitors and other professional groups, who work directly with these families.

Our New Beginnings volunteers then lovingly collect sort and package a Moses Basket newborn bundle of clothing, toiletries and essential baby equipment as an attractive gift to the new mothers, who then receive the gift hopefully about a month before the due date.

New Beginnings Baby Bundles Terms & Conditions



As a referrer to New Beginnings I will:

- ♥ Order 'Newborn Bundles' by email, using the correct referral form with, (where possible), at least a month's notice, giving as much detail as possible on my order form
- ♥ Be courteous in my communication
- ♥ Collect the baskets within ONE WEEK of being informed they are ready for collection
- ♥ ***Baskets must be collected by the person who made the referral and not by the client***
- ♥ Accept that failure to collect the basket will result in it being passed on to another equally needy client
- ♥ Recognise that New Beginnings can only offer what we have in stock
- ♥ Note that New Beginnings is **CLOSED** on Fridays, and as part of our good relationship I will not attempt to contact on that day

As New Beginnings we will:

- ♥ Where possible prepare your order before the due date
- ♥ Let you know by email when your basket is ready for collection
- ♥ Do our best to fulfil any extra items requested

New Beginnings Baby Bundles *is staffed and run by VOLUNTEERS. All the items we provide are very kindly donated by members of the public, so we can only pack the baskets with what we have in stock. We will do our very best to provide a beautifully packed basket, with as many items as we can manage.*

We do not have the storage space to keep cots, buggies, car seats etc. so cannot offer to supply these items. On a rare occasion if we have one of these items we can offer it, but we are NOT in a position to source any of these items.

Our usual provision is:

Moses Basket filled with items for mum and baby
Moses Basket stand (if in stock)
Baby Bath (if in stock)

Our normal opening hours for collection are Monday, Tuesday, Wednesday and Thursday 9.30am till 1.00pm. Collection is from: New Beginnings Community, St Marks Church Londonderry, Thimblemill Road, Smethwick B67 6LP

NEW BEGINNINGS BABY BUNDLES RETAINS THE RIGHT TO CANCEL PROVISION TO ANY AGENCY THAT FAILS TO COLLECT BASKETS, OR IS RUDE OR DISCOURTEOUS TO ANY MEMBER OF OUR TEAM



NBC - Under 5's Play Programme Welcomes You

'Little Birds' Baby Group

We offer a warm safe environment for your babies up to 12 months to explore and enjoy, a place for adults to talk and make new friends, share advice, and make good memories with your baby

Opening Times

Mondays 10am till 11am

(Term Time Only)

£2 per child

includes toast and refreshments for all

'Little Frogs' gymnastics

A group for children aged 12 months +. Includes soft play, ball pit, ride on toys, tents, tunnels, climbing equipment, balance toys and much more

Opening Times

Wednesdays 1pm till 2.30pm

(Term Time Only)

£3 per child

includes toast and refreshments for all

'Little Fish' Baby & Toddler cafe

A fun and welcoming group for parents and carers with babies & toddlers with lots of toys, singing & dancing, arts & crafts, messy play, baby area and lots more.

Brunch items available to purchase throughout session.

Suitable for Babies & Toddlers up to 5 years old

Opening Times

Thursdays 10am till 12noon

(Term Time Only)

£2 per child

includes toast and refreshments for all

Our Aim

Welcome everyone

Give a warm welcome to everyone, whatever their age, relationship to the child, culture, colour, gender or disability.

Be excellent

Show excellence in all that is done in our group, from making coffee to comforting a person in distress. At all times, try to maintain our high standards.

Provide a safe and happy environment

Offer a safe and happy environment for parents, carers and children.

Offer friendship

Offer true friendship to everyone who comes to our group and create an environment where friendships can be made among our group.

Involve parents and carers

Encourage parents and carers to assist and participate fully in the group, as the group is for them and their children.



We at NBC would like to welcome you. We will do all we can to help you feel a part of our happy NBC family. The group is run by volunteers.

Although every care will be taken to ensure the safety of the children at Little Fish, they do remain your responsibility at all times. Please be aware that there may be other users of the facilities in the building. Our register book is located by the door please sign yourself and your children in as soon as you arrive. .

We like to ensure that every group member feels relaxed, supported, safe and secure, and that they have fun while they are here. When you register each week you are agreeing to follow a few simple ground rules that ensure everyone has an enjoyable time

- Your child's safety and the way they relate to and play with other children, are your responsibility. Please intervene with your child if others are at risk of being hurt!
- If another parent expresses concern about something your child has done, listen graciously. Explore each other's point of view even if you don't agree or feel you have been misunderstood. Stay friends!
- Appreciate the team members who are here to organise and facilitate the group, but who are also part of the group family.
- Take care of and encourage your children to look after the room, the equipment and each other, and take care with buggies and belongings.
- Please make sure the entry door is closed behind you, as children may be able to run out.
- Smoking is not allowed at any time during the session
- Hot drinks must be in a travel mug with a secure lid
- Treat others with respect.
- Parents and carers are asked to help clear away toys
- CHILDREN MUST BE SUPERVISED AT ALL TIMES.

We like to keep the entrance free for everyone's safety. Please leave your prams/buggies in the designated area, ensuring fire exits are left clear at all times. Sleeping babies must not be left in unattended buggies/carriers. All personal property remains your responsibility for the duration of your stay with us. All activities are for the enjoyment of you and your child. With this in mind we would ask you leave the toys/ activities, as you would like to find them.

It is everybody's responsibility to ensure that any broken/damaged/soiled toys/equipment are brought to the group's attention immediately. We do value your comments on the group, and would also like to know if you have any concerns or suggestions about how we can do things differently.

If you have any questions about NBC please approach us.

Above all, we are about having fun – so enjoy being together!



Celebrations bring people together, promote well-being, give a sense of tradition, and help us to remember the things in life that truly matter. Birthday celebrations allow us to acknowledge those in our lives who are important to us and celebrate the gift of their lives.

When a child's birthday approaches, some parents often get excited and prepare in advance to celebrate the occasion. But for some families it can be a difficult time of year. For Children living in extreme poverty rarely get to celebrate their birthdays.

We at New Beginnings Community believe that every child deserves to feel special and celebrated on their birthday.

The Birthday Project gives struggling families an opportunity to celebrate their child's birthday that would not otherwise be possible.

Our mission

to bring joy to the lives of children and families facing adverse circumstances through the celebration of a child's birthday. Every child, regardless of personal, or financial circumstances deserves a very special birthday.

The Birthday Project provides children in need (up to the age of 11) with a 'Birthday-In-A-Bag' to ensure they do not go without on this special occasions. Each pack contains at least 2 presents, chocolates, or sweets, wrapping paper, sellotape, a birthday card, and party decorations. Other items that may be included are party hats, badges, cake mix, frosting and candles depending on supplies

How The Birthday Project Works:

Referrals are made via the help of health professionals, local food banks, community navigators, faith groups, who work directly with these families. Our Birthday Project volunteers then lovingly collect sort and package a 'Birthday-In-A-Bag' for the child based on the child's age and interests. These are then collected by the referral agent and delivered to the parent of the child hopefully about a month before the child's birthday.

Most of the contents of our packs will be donated by our generous community who already donate toys to New Beginnings Community on a regular basis.

What can you do to help?



Giving Time

We are grateful for all help offered, so if you can spare an hour a year, an hour a week or anything in between we would love to have you join us! Our volunteers are a really friendly group and always happy to welcome new people. We are also happy to make use of any specific skills you might have to offer. Please speak to a member of the team for more information.

Giving Supplies

Everything we give away is donated by our amazingly generous community. If you are in a position to purchase toys etc while shopping, or pass on good quality second hand toys they will always be put to very good use.

Giving Financially

We are very careful with our funds and have fundraising events, because we do on occasion need to purchase items.

Items for donation

- New toys in original packaging
- Used toys in excellent condition
- Child-themed or solid colour wrapping paper, gift bags and tissue paper
- Small rolls of Sellotape
- Balloons and banners
- Birthday cards
- Cake mix, frosting & birthday candles
- Gift cards to retail stores, supermarkets, and restaurants
- New books and board games
- Batteries
- Chocolates & Sweets

Drop off times

St Marks Church Londonderry Thimblemill Road, Smethwick B67 6LP

Monday 10am till 12noon

Wednesday 10am till 12noon

Thursday 10am till 1.30pm





The Survivor Lighthouse CIC ethos and aim is to provide a multi-faceted and holistic, compassionate approach to our Domestic Violence support service.

We believe survivor education is only one element of that and to reflect this, we provide weekly daytime and evening Freedom Programme courses, alongside a very 'hands on' pastoral care; offering complimentary services, signposting to sister organisations, making referrals to our new partnerships, and providing some fantastic Survivor Lighthouse only opportunities and benefits.

Another key part of our pledge to fighting Domestic Violence is to work with and alongside the professionals, workplaces and employers to ensure that anyone working with survivors fully comprehends and recognises the many complex facets of abuse, and how abusers and victims act, the myths and misconceptions and also recovery and healing for survivor families.

We believe anyone entrusted to working with survivors has a civic responsibility to have the most up-to-date, robust and accurate knowledge base to ensure that they act appropriately, with compassion and moreover, educated insight, and we actively encourage requests from all professionals.

We have several fantastic partnerships and collaborations which mean that we have an excellent community reach and visibility.

Thank you for your continuing support; helping us to help others.

The Survivor Lighthouse Family.

contact@survivorlighthouse.com

07716 431853 / 07745 921546

FANCY A BREW?

New Beginnings Community St Marks Church
Londonderry, Thimblemill Road, Smethwick B67 6LP

Every Friday 10.00 am till 12.00 noon

Free Refreshments

Everyone welcome





Volunteer with us

If you are looking to gain training, skills and experience, retired, lonely, want to give back to your community, college students wanting to add to your CV or parents whose child has started school there is something for you! Or maybe you know someone who could benefit from volunteering with us!

Under 5's Play Programme

Volunteers for our Under 5's play programme at St Marks Church Londonderry.

- Assisting in a variety of activities, games, crafts, and music sessions
- Assisting with refreshments and snack
- Assisting with setting up an inviting, safe, age-appropriate environment
- Relating to youngsters as individuals by showing an interest in them and chatting with them and their carer
- Welcoming new families, helping them settle
- Assisting with clean up at end of session

New Beginnings Baby Bundles

Volunteers for our project New Beginnings Baby Bundles

- Washing of baby clothes
- Collection of donations from other drop off points
- Sorting donations
- Making up starter packs

General Maintenance

Volunteers to do odd jobs around the hub

- Cutting grass
- Gardening
- General maintenance

Contact Carrie on 07762303374 or carrie@newbeginningscommunity.co.uk